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Daily Active Challenge HT 2

Please note we are trialling the 'daily active challenge' for 5 weeks this half term, I will then ask for feedback and tweak aspects if necessary.

- Each activity is for 10 mins each day, you do not complete the challenge on P.E days.
 - All equipment is available in the indoor P.E store.
 - There is no given time slot, it is a matter of fitting it in when it suits you best.
 - Any queries please ask away.

	*Activity *Location * Required Equipment	*Activity *Location * Required Equipment	*Activity *Location * Required Equipment	*Activity *Location * Required Equipment	*Activity *Location * Required Equipment
Class	Week 1	Week 2	Week 3	Week 4	Week 5
St. Bernadette 1/2	Just Dance Hall Laptop	Skipping Bottom Playground Skipping Ropes	Throwing and catching challenges Top Playground Tennis Balls	Running Both Playgrounds Timer	Rock Paper Scissors Game Top Playground Hoops
St. Claire 2/3	Skipping Bottom Playground Skipping Ropes	Throwing and catching challenges Top Playground Tennis Balls	Running Both Playgrounds Timer	Rock Paper Scissors Game Top Playground Hoops	Just Dance Hall Laptop
St. Peter 4	Throwing and catching challenges Top Playground	Running Both Playgrounds Timer	Rock Paper Scissors Game Top Playground	Just Dance Hall Laptop	Skipping Bottom Playground Skipping Ropes

	Tennis Balls		Hoops		
St. Vincent	Running	Rock Paper Scissors	Just Dance	Skipping	Throwing and catching
5	Both Playgrounds	Game	Hall	Bottom Playground	challenges
	Timer	Top Playground	Laptop	Skipping Ropes	Top Playground
		Hoops			
St. Oscar	Rock Paper Scissors	Just Dance	Skipping	Throwing and catching	Running
6	Game	Hall	Bottom Playground	challenges	Both Playgrounds
	Top Playground	Laptop	Skipping Ropes	Top Playground	Timer
	Hoops				