



### Daily Active Challenge HT 2

Please note we are trialling the 'daily active challenge' for 5 weeks this half term, I will then ask for feedback and tweak aspects if necessary.

- Each activity is for 10 mins each day, you do not complete the challenge on P.E days.
  - All equipment is available in the indoor P.E store.
- There is no given time slot, it is a matter of fitting it in when it suits you best.
  - Any queries please ask away.

	*Activity *Location * Required Equipment	*Activity *Location * Required Equipment	*Activity *Location * Required Equipment	*Activity *Location * Required Equipment	*Activity *Location * Required Equipment
Class	Week 1	Week 2	Week 3	Week 4	Week 5
St. Bernadette 1/2	Just Dance Hall Laptop	Skipping Bottom Playground Skipping Ropes	Throwing and catching challenges Top Playground Tennis Balls	Running Both Playgrounds Timer	Rock Paper Scissors Game Top Playground Hoops
St. Claire 2/3	Skipping Bottom Playground Skipping Ropes	Throwing and catching challenges Top Playground Tennis Balls	Running Both Playgrounds Timer	Rock Paper Scissors Game Top Playground Hoops	Just Dance Hall Laptop
St. Peter 4	Throwing and catching challenges Top Playground	Running Both Playgrounds Timer	Rock Paper Scissors Game Top Playground	Just Dance Hall Laptop	Skipping Bottom Playground Skipping Ropes

	Tennis Balls		Hoops		
St. Vincent 5	Running Both Playgrounds Timer	Rock Paper Scissors Game Top Playground Hoops	Just Dance Hall Laptop	Skipping Bottom Playground Skipping Ropes	Throwing and catching challenges Top Playground
St. Oscar 6	Rock Paper Scissors Game Top Playground Hoops	Just Dance Hall Laptop	Skipping Bottom Playground Skipping Ropes	Throwing and catching challenges Top Playground	Running Both Playgrounds Timer