



## Sacred Heart- PE Long Term Curriculum Map (2020-21)





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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R/1 St. Francis	FOMS - Agility, balance and co-ordination	FOMS - Agility, balance and co-ordination	FMS – Sending	FMS – Striking	Outdoor and Adventurous	FSS – Athletics
	FMS -Travelling	FMS – Jumping	FMS – Receiving	FSS – Gymnastics	FSS – Dance	FSS – Introduction to Invasion Games
Year 1/2 St. Bernadette	FMS – Travelling	FOMS - Agility, balance and co-ordination	FMS – Sending	Outdoor and Adventurous	FSS – Athletics	FSS – Net and Wall
	FSS – Dance	FOMS - Agility, balance and co-ordination	FSS – Gymnastics	FMS – Receiving	FSS - Jumping	FSS – Striking & Fielding
Year 2/3 St. Claire	SSS – Gymnastics	Multi Skills (FOMS and FMS)	Dance	SSS – Short Tennis (Net & Wall)	SSS – Kwik Cricket (Striking & Fielding)	SSS Athletics
	SSS – Football (Invasion Games)	Health Related Fitness	SSS – Uni-Hockey (Invasion Games)	SSS – Dodgeball (Invasion Games)	Outdoor and Adventurous	SSS – Basketball (Invasion Games)
Year 4 St. Peter	SSS – Tag Rugby <b>(Wharfe Valley Primary leagues)</b>	SSS – Dodge ball	SSS - Handball	SSS- Gymnastics	SSS - Athletics	SSS – Kwik Cricket (Striking & Fielding)
	Multi-Skills (FOMS and FMS)	Dance	Health Related Fitness	SSS – High Five netball (Invasion Games)	Swimming	Swimming
Year 5						



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St. Vincent	SSS – Football (Invasion Games) <b>(Wharfe Valley Primary Leagues)</b>	SSS – Dodge Ball (Invasion Games)	SSS – Gymnastics	FSS – Rounders (Striking & Fielding) <b>(Wharfe Valley Primary Leagues)</b>	SSS – High Five netball (Invasion Games) <b>(Wharfe Valley Primary Leagues)</b>	SSS – Tennis (Net & Wall)
	Multi-Skills (FOMS & FMS)	SSS – Dance	SSS – Handball (Invasion Games)	Health Related Fitness	Outdoor and Adventurous	SSS - Athletics
Year 6 St. Oscar	SSS – Football (Invasion Games) <b>(Wharfe Valley Primary Leagues)</b>	SSS – Basketball (Invasion Games)	SSS- Hockey – Quick sticks England Hockey Scheme (Invasion games)	FSS – Rounders (Striking & Fielding) <b>(Wharfe Valley Primary Leagues)</b>	SSS – Cricket (Striking & Fielding)	SSS – Athletics
	SSS – Dance	SSS – Gymnastics	SSS - Volleyball (Net & Wall)	SSS – Handball (Invasion Games)	Health Related Fitness	FSS – Baseball (Striking and Fielding)

Fundamentals of Movement Skills (FOMS), Fundamental Movement Skills (FMS), Fundamental Sport Skills (FSS), Sport Specific Skills (SSS)