



# Sacred Heart News

Dear Parent and Carers,

We hope that you all had a wonderful half-term and enjoyed the little bit of sunshine that we managed to see.

In Collective Worship today, we heard from Luke 6:39-45. Jesus is talking to the disciples – he talks about seeing a tiny speck of dust in someone else's eye, but not seeing the great wooden log in our own. Jesus is saying it is much easier to notice the mistakes that others make, than it is to realise when we have made a mistake or done something wrong ourselves.

He says that we must take the log out of our own eye before we can take the speck out of someone else's. He is saying we must change the way we act before we can expect anyone else to change. It's not always easy to change the way we act but perhaps we can all try this week. God can help us. If we let him, God will fill our hearts with goodness and love, hope, courage and generosity. Filled with these things we will not be able to stop ourselves from wanting to share them with others.

Jesus says in today's reading that good people have a store of goodness in their heart. That the words someone says come from what is in their heart. So if we let God fill our hearts with goodness and love, we will be able to speak words that share that goodness and love with others.

Best wishes

Mrs Ashworth (EHT)

Mrs Gilhooly (AHT)

Mrs Rhodes (AHT)

## Family prayer for the eighth Sunday of Ordinary Time

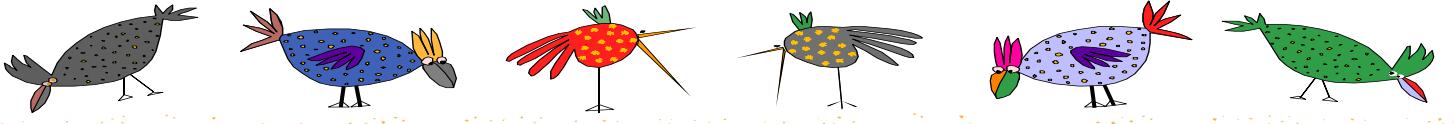
Generous God,

Lead us to be the people you know we can be. Fill us with courage and goodness. Help us to make a change so that the world may be a better place for all people. Amen.

### Mass

Please visit the websites of our parishes to access the bulletins.

[www.sacredheartilkley.org.uk](http://www.sacredheartilkley.org.uk) and [www.ssfishermore.co.uk](http://www.ssfishermore.co.uk).



This is our second week of celebrating the virtue 'Love'

I show my love for God through my loving concern for everyone especially those in need of my help.

I treat others with the respect and kindness that I would want for myself.

**"This is my commandment, that you love one another as I have loved you."** (John 15:9)



#### COVID

There is no longer a requirement to wear masks around school.

Please see the last page of this newsletter, which shows the latest Government guidance on self-isolation.

As always, guidance can quickly change and we will keep you updated as we receive further information.

The House Point Cup Winners this week are Bronte.

Well done everyone!



#### Carnival Craft Day

**Following the Carnival Committee's first meeting, we have organised a carnival craft day.**

**We are looking for lots of volunteers to help make the Committee's amazing ideas a reality.**

**If you can spare an hour or two please drop into school on Saturday 12th March anytime between 11 am and 4pm.**

**We hope you can help.**

## WORLD BOOK DAY®

Changing lives through a love of books and shared reading.

This Thursday, we will celebrate World Book Day. Children and staff are invited to come to school dressed as a character from their favourite book.

Each class has decorated its door to reflect the book/books they are focussing on this week. Our English lessons, will relate to the class book/ author and there will be lots of opportunities for the children to show their love of books and reading.

Keep your eyes peeled for more information and pictures on our Facebook page and website!

## LENT 2022

Collective Worship- For the next five weeks our Collective Worship on Tuesday, Thursday and Fridays will focus on the Stations of the Cross.

Lenten Charity- We will be supporting the Good Shepherd Appeal this year, raising much needed funds for Catholic Care. Each child will receive a mosaic cross for colouring and we are suggesting a £1 donation to take part. Once completed your child's name will be entered into a class draw to win an Easter egg.

**Please can £1 donations be brought to school on Tuesday 8th March**

## Ash Wednesday 2nd March 2022

On Ash Wednesday, the six-week journey of Lent begins, where we are called to a deeper commitment to prayer, fasting and giving so that we are renewed ready to receive new life at Easter. The children will take part in a guided meditation, where they will imagine they are gardeners that need to tend, prune and feed their hearts in order to be ready for new life to blossom. Our Collective Worship will end with us making our personal commitments and promises for Lent.

### Eighth Sunday of Ordinary Time- Upcoming events this week:

**Monday- Collective Worship; Y 1/2 PE; Year 5 swimming and PE; whole school lego club**

**Tuesday- Reception PE; Y6 PE; Y1-6 Dance/ Drama club 3.15-4.30pm.**

**Wednesday- Y 1/2 PE; Y2/3 PE; Boy's football 3:45– 4:30pm; Girls' football 4:30-5:15pm; whole school arts and crafts club 3:15pm.**

**Thursday- Brass lessons from 10:30am. Woodwind lessons from 11.55am; Year 3/4 PE; World Book Day; Reception-Year 3 Multi-sports club 3:15pm**

**Friday- Reception PE; Yr 2-6 football club 3:15pm**

### **Upcoming events for Half Term 4**

- **Monday 28th February- School opens 8:45am**
- **Wednesday 2nd March- Ash Wednesday, Whole School Collective Worship**
- **Thursday 3rd March- World Book Day. Children to come dressed as their favourite book character**
- **Saturday 5th March- Cross country, All Saint's at Ilkley Pool**
- **Tuesday 8th March- £1 donations for Good Shepherd Appeal 2022**
- **Thursday 10th March- Reception eye tests**
- **Friday 11th March- Reception class trip to Nell Bank**
- **Saturday 12th March- Carnival Craft Day in school, 11am-4pm**
- **Thursday 17th March- Year 1/2 Nell Bank visit**
- **Saturday 19th March- Cross Country, Nell Bank Relays for any child in KS2**

# **When to stay at home if you have coronavirus (COVID-19) and what to do:**

## **Advice in England has changed**

While you're no longer required by law to self-isolate if you have COVID-19, you should still stay at home and avoid contact with other people. This helps reduce the chance of passing COVID-19 on to others.

This advice will be updated on 1 April 2022.

## **When to stay at home**

You should stay at home and avoid contact with other people if you:

have any of the main symptoms of COVID-19

have tested positive for COVID-19 – this means you have the virus

Information:

If you have any of the main symptoms of COVID-19, you should also get a PCR test to check if you have COVID-19 on GOV.UK as soon as possible. This is a test that is sent to a lab.

There's further advice if you're eligible for new COVID-19 treatments.

## **How long to stay at home**

If you have COVID-19, you should stay at home while you're infectious to others.

This can be for up to 10 days from when your symptoms start. Many people will no longer be infectious to others after 5 days.

You can do a rapid lateral flow test from 5 days after your symptoms started (or the day you had the test if you do not have symptoms) and another the next day.

If both tests are negative and you do not have a high temperature, you're less likely to pass COVID-19 to others and you can go back to your normal routine.

If your test result is positive on day 5, you can carry on doing rapid lateral flow tests every day until you get 2 negative test results in a row.

## **Contact with people at higher risk from COVID-19**

You should avoid meeting people at higher risk from COVID-19 for 10 full days.

This starts from the day your symptoms started or, if you do not have symptoms, from the day you got a positive test result.